

West Sussex Health and Wellbeing Board

12 July 2018 – At a meeting of the West Sussex Health and Wellbeing Board held at 2.00 pm at Arun Civic Centre, Maltravers Road, Littlehampton, BN17 5LF.

Present:

Alex Bailey
Katrina Broadhill
Diane Henderson
Laura Hill

Mr Hillier
Mrs Jupp
Nigel Lynn
Anna Raleigh

Dave Sargeant
Philippa Thompson
Dominic Wright

Apologies were received from Natalie Brahma-Pearl, Kim Curry, Geraldine Hoban, Annie MacIver, Rachel North, Minesh Patel and Susan Stone

Also in attendance: Annie Callanan and Mr Turner

Part I

17. Chairman's Welcome

17.1 The Chairman welcomed all to the meeting including the following who were joining the Board for the first time; interim Director Adults Services, Dave Sargeant; Healthwatch West Sussex Service Manager, Katrina Broadhill; Observer, Chairman Adult Safeguarding Board, Annie Callanan; Observer (for PCC Chairman) PCSO Alan Owens. The Board noted that the Chairman of the Safeguarding Children Board was to be invited to take a seat on the Board as an Observer.

18. Declaration of Interests

18.1 None.

19. Urgent Matters

19.1 None.

20. Minutes

20.1 Resolved that the minutes of the meeting of the Health and Wellbeing Board held on 26 April 2018 were agreed.

21. Health and Wellbeing Board Work Programme

21.1 The Board noted the report (copy appended to the agenda and available on the [website](#)) which outlined future agenda items to be considered at the Board's planning meetings.

21.2 Resolved that the Board approved the Health and Wellbeing Board Work Programme.

22. Health and Wellbeing in Arun

22.1. Robin Wickham, Group Head of Community Wellbeing and Nigel Lynn, CEO Arun DC gave a presentation to the Board on the work of the Arun Wellbeing Partnership. (Report appended to the agenda and available on the website).

22.2. The Chairman invited comments and questions on the information received. Members:

- commended the initiative for looked after children and questioned what KPIs were being worked to to help children become more emotionally resilient and live more healthy lifestyles. It was explained that there were KPIs in Arun's plans with Freedom Leisure that could be shared with members
- commended the partnership work which helped the Board understand health priorities and lifestyle factors in the district and boroughs that it might not otherwise be aware of
- requested some feedback from users of the Laburnum Centre; the representative for the voluntary sector undertook to provide this
- questioned mental health support services for looked after children and those in transition between children and adults services. It was explained that the District Council support in this area was aligned and in partnership with the County Council services. Also that work in partnership with organisations such as the Bodyshop was being explored as was strengthening links with schools and available support groups
- alerted members to work of Healthwatch to understand the experience of 11 year old's in the area of mental health and wellbeing
- highlighted the work of Oakleaf which in partnership with MIND had undertaken work with people 16 to 25 years, aligned with Pathfinder and taking support into schools. The opportunity for this to link up across the county around leisure opportunities and activities was emphasised
- explained the work of Arun and Worthing Council with people 18-20 years to bring together the initiatives under the THRIVE programme for young adults
- highlighted an opportunity for bids to government for ring-fenced mental health monies
- acknowledged the chronic NHS underfunding by government for MH services; that the vast majority of young people would not require access to the high tier services; that partners needed to think about funding early intervention support by looking at charitable and lottery funded projects to avoid people needing such services.
- questioned how District Council powers around planning were being used to improve health and wellbeing in the area. It was explained that 106 monies were being used in support of the new community centre and that cycling infrastructure was also being given support in this way
- highlighted the importance of the work of the District and Borough partners in developing the Joint Health and Wellbeing Board Strategy. This would ensure a good understanding of need and place and determine clear priorities for each area which could then be mapped against existing resources

- emphasised that the voluntary sector continued to explore access to funding other than that from the local authority and highlighted that, with each organisation in competition for this with each other, it was essential to work in partnership and not duplicate services.
- questioned the use of the new homes bonus. It was explained that while this was flexible it was in the main used to bolster revenue budgets, noted that the Local Plan was going forward and would give further opportunities
- agreed a great deal of good work was going on in the voluntary sector and it was essential to integrate and strengthen existing services rather than create more. Noted that this would require a good understanding of priorities and agreement on direction.
- expressed willingness on part of CCGs to understand, encourage and work with LCNs on their priorities.

22.3 The Chairman thanked members for their input. The Director Public Health summed up the significant opportunities for the Board to take relationships further with District and Borough partners to improve health and wellbeing across the county, share good practice and link up funding spend. This would lead from the refresh of the JSNA, reframe of the Board's strategy, initiatives coming from that work with wellbeing hubs and the Integrated Prevention and Early Help hubs. The Director also highlighted the opportunities to link in with the LCNs and the voluntary sector and schools and wider communities.

22.4 The Chairman referred members to the recommendation and sought agreement to move forward with partnership work as summarized.

22.5 Resolved that the Board:

agreed that the work of the Partnership could support the objectives of the Health and Wellbeing Board by continuing to work in partnership, linking with the JSNA and the JHWBS, sharing good practice and linking up funding spend.

23. Progress on Joint Health and Wellbeing Board Strategy 2015-18, Priority one - Early year's 0-2 year olds

23.1 The Chairman introduced Kelly Pierce – Consultant Midwife, Public Health to present on partnership work on supporting families with young children from conception through to 2 years. Copy of slides appended to the agenda and available on the website). Members noted the importance of engaging with families as early as possible and how the Integrated Prevention and Early Help programme, one of two across the country, was bridging gaps in provision and making improvements. Members received a presentation highlighting focus on:

- ways of reaching and supporting families who didn't meet the criteria for social care
- bereavement services for those who had a child removed from them
- need for support for adults who worked with children in care
- smoking cessation and obesity services for pregnant women
- parenting support.

23.2 The Chairman invited the Locality Manager, Healthwatch to give her presentation and explained that she would take questions and comments on this and the previous report at the same time. (Report appended to the agenda and available on the website) The Board noted qualitative data received January to March 2018 as set out in the slides.

23.3 The Chairman invited comment and questions on the presentations and information given. Members:

- commended the Consultant Midwife on her presentation and questioned the efficacy of interventions on substance misuse. It was explained that a robust system of better information and early support was now in place and all maternity systems were involved in a development programme to include consideration of substance misuse at the first maternity service booking-in meeting.
- questioned links with the Think Family programme. It was explained that the Consultant Midwife was in liaison with the lead officer for this and would ensure this was highlighted with her
- highlighted possibilities of linking support for maternal weight management for people via the Arun Wellbeing Partnership contract with Freedom Leisure. This opportunity was welcomed and would be followed up with Arun DC
- questioned support for the partners of the customer and also mental health support. It was explained that supporting partners was a challenge but that the Family Assist programme could support all those signed up to it and that increasingly, digital services would also help support this work.
- highlighted the current STP Case for Change work programme and the importance of engaging STP wide support in taking forward a prevention agenda to ensure children start well, such as commissioning advocacy support for parents on hospital wards. The Board noted that the Consultant had links with the whole STP area and that the Director of Public Health sat on the STP Cabinet and could also highlight this.

23.4. Resolved that the Board:

- (a) identified member and officer influence at STP level to influencing hospital services in taking a proactive prevention role in respect of;
 - Maternal Smoking
 - Maternal Obesity
 - Advocacy support for parent on hospital wards
- (b) agreed to consider retaining support for Early Years as a priority area in the refreshed HWB Strategy for 2018-2020.

24. West Sussex Healthwatch

24.1 The Board received the Annual Healthwatch Report. The Locality Manager, Healthwatch gave her presentation under the previous item (see minute 23.3).

25. Childhood Obesity

25.1 The Chairman introduced the Public Health lead, Healthy Lifestyles to present the reports. (Copies appended to the agenda and available on the website). Partnership work to support healthy eating in childhood was explained and the outcomes, one year on, of the recommendations from the County Council's Task and Finish Group on Prevention of Childhood Obesity. Members:

- highlighted the extent and effect of the problem and that it must be considered a top priority for the Board
- emphasised that support for parents was paramount to tackle the problem also government buying standards and local provision of fast food – for instance in acute settings and in local authorities staff settings
- suggested that solutions needed to focus on the environment, to make the healthy choice the default choice
- suggested that the Board should champion the 'Daily Mile' in schools. An effective and cost neutral programme that could influence future behaviours.

25.2 The Chairman noted the full support of the Board for the recommendation.

25.3 Resolved that the Board:

Encouraged all partners to take a systematic approach to obesity prevention, particularly in place-based interventions and community-based individual choices.

26. Better Care Fund Programme

26.1 The Chairman explained that apologies had been received from officers due to present on the Better Care Fund, and offered to take any questions back (report appended to the agenda and available on the website).

27. Sussex and East Surrey Sustainability Transformation Partnership

27.1 The Chairman invited comments and questions from those observing the meeting. The questions concerned:

- A comprehensive approach to the commissioning of advice services. The Board noted the comments made. The Director Public Health explained that workshops were underway that would inform the developing strategy. Residents' requirements at different life stages were being considered as well as wellbeing in its broadest sense
- A query related to unconventional procedures being offered to myalgic encephalomyelitis sufferers. The Board noted that this issue was being dealt with at a high level: the questioner was working with Nicholas Soames, the Chief Medical Officer and NICE to address her concerns.

- A written question concerning prostate screening which had been received by the Board. The Chairman read out the prepared answer for the benefit of those in attendance, although the questioner was not present at the meeting.

28. Public Forum

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- A query related to unconventional procedures being offered to myalgic encephalomyelitis sufferers. The Board noted that this issue was being dealt with at a high level: the questioner was working with Nicholas Soames, the Chief Medical Officer and NICE to address her concerns.
- A written question concerning prostate screening which had been received by the Board. The Chairman read out the prepared answer for the benefit of those in attendance, although the questioner was not present at the meeting.

29. Date of next Meeting

29.1 The next meeting would be held on 11 October. (Post meeting note, the venue is to be Crawley Borough Council.

The meeting ended at 4.50 pm

Chairman